



FOR THE BULLETIN BOARD
Please Post Immediately!

PATRICIA A. CHRONIC, *President*
KATHRYN L. SHEEHAN, *Vice President*
MICHAEL C. TRAVALI, *Secretary-Treasurer*

MEMORANDUM - No. 5

March 24, 2008

The Union Needs YOUR Verizon PROXIES

TO: All Members, Stewards, Chief Stewards

Verizon's annual meeting will be held in Lincoln, Nebraska on May 1, 2008. The Union would like to deliver your proxy at the meeting. Proxies should be arriving by mail shortly. To have the Union deliver your proxy to Verizon:

1. Vote your proxy by placing an "X" in the For, Against, or Abstain box for each proposal and for each director. Recommendations for proposals can be found on www.cwa-union.org/verizon. The recommendations are as follows:
 - Proposal 1, Election of Directors, Recommendation: Against all nominees
 - Proposal 2, Ratification of Appointment of Accounting Firm, No Recommendation.
 - Proposal 3, Eliminate Stock Options, Recommendation: For
 - Proposal 4, Gender Identity Non-discrimination Policy, No Recommendation
 - Proposal 5, Separate Offices of Chairman and CEO, Recommendation: For
2. Sign and date the card where indicated.
3. Please give your signed proxy card and return envelope to your Steward or Steward Army member by **April 16, 2008**.

Note: You cannot vote online if you want the Union to deliver your proxy. You may print out the online proxy and then treat it like a regular paper proxy.

CWA & IBEW will be collecting and delivering voted proxies to the company. CWA & IBEW are not asking for discretionary authority to vote proxies on behalf of their members. Please make sure you vote and sign your proxy.

If you have any questions, please call the Union office at (732) 446-2201.

In Unity,


MICHAEL C. TRAVALI
Secretary-Treasurer

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